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THE MORNING NEWS

Your Source for Local News in English

Caya G. F. Betico Croes 111 - Tel: 588-9517 - Fax: 588-9518 - E-mail: themorningnewsaruba@gmail.com

WEB Aruba N.V provides the means for consumers to "Select to Save"

For more than 70 years, Aruba's water and electricity plant, WEB Aruba NV, has been responsible for the production of Aruba's drinking water and power. During a press conference at their Balashi plant on Tuesday, May 25, WEB Director O.J. Boekhoudt announced that in response to rising fuel costs and operating expenses, WEB is collaborating with Elmar, distributors of power around the island, and the FCCA, which administers low-cost government housing in a pilot project to assist consumers in reducing their utility costs.

A very small version was successfully completed last year; eight homes were equipped with various devices aimed at reducing water and electric consumption. The materials were donated by various island vendors and they have again cooperated, providing the products needed to refit fifty homes selected by WEB and FCCA as most needing assistance in controlling their expenses.

The program has been branded, in Papiamentu, "Scoje Pa Spaar!" - "Select to Save," as a reminder to all



Frank Leest of FCCA and O.J. Boekhoudt of WEB

consumers that they can take a pro-active role in reducing the monthly cost of utilities, and in doing so, reduce Aruba's demand for fossil fuel, which again generates savings to the consumer down the line. "The closing of the refinery has affected WEB's operating costs," explained O.J. Boekhoudt during Tuesday's press event, "the refinery has always provided low cost fuel for WEB's turbines in the past, but now we are at the mercy of international price fluctua-

tions and the additional cost of importing. Consumers must become more conscientious if they don't want to see their monthly costs increase."

On display were a number of the products donated by Wema, Antraco, Unicon, Kooyman, Friomax, General Store, PriceSmart, Protec, Empresa Italo, Kohler, Banjolux, Cerd, Eletron and Veneta Cushine. After the announcement, WEB presented all participating vendors with a gift of the new "Scoje pa Spaar" logo bags and tee-shirts.

WEB's message to all their clients is they can easily cut costs on their own initiative with a number of simple and inexpensive items such as energy saving light bulbs and devices for the toilet or faucets that drastically reduce water consumption. They ask all to visit their updated website, www.webaruba.com, which now has an interactive walk-through of the average home, where visitors to the site can investigate all the ways they can save money on their monthly utilities, in both Papiamentu and English.

A study of the region revealed that most domiciles on the island consume almost twice the kilowatts per month of homes in Curacao; average



Products to reduce electrical and water costs.



Products to reduce water consumption

domestic water use per person should be about 150 liters per day, which should result in average water use per household per month of 5000 liters. WEB records show most Aruban homes consume more than four times that amount monthly, indicating

individuals and families must closely examine the many ways they waste water and how to change their habits of usage. For more information and money-saving tips, visit the WEB website; also those of Elmar and FCCA, www.elmar.aw and www.fcca.com.

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44 reported dead in Jamaica police-gang clashes

KINGSTON, Jamaica (AP) — Jamaican security forces claimed a tenuous hold over the slum stronghold of a gang leader sought by the U.S., but only after battles that killed at least 44 civilians, the country's official ombudsman said yesterday.

Officers and soldiers were still fighting holdout defenders of Christopher Coke, known as "Dudus," in pockets of the Tivoli Gardens area. He was still at large after nearly three days of street battles.

Bishop Herro Blair, Jamaica's most prominent evangelical pastor, said that independent evaluations have put the number of civilian dead at 44 in West Kingston alone. Police have said that at least four soldiers and police officers also have died in fighting in West Kingston and elsewhere around the capital.

Police earlier reported at least 26 civilian deaths and the country's embattled Prime Minister Bruce Golding promised an independent investigation into all civilian deaths

during the operation.

Blair and Jamaica's public defender were escorted by security forces into Tivoli Gardens, where supporters of Coke began massing last week after Golding dropped his nine-month refusal to extradite him to the U.S.

Coke has ties to Golding's Labor Party, which gets a large number of votes from the Tivoli Gardens area. Golding represents in parliament.

In a Tuesday address to legislators, Golding indicated he was taken aback by the intensity of the assault.

"The government deeply regrets the loss of lives, especially those of members of the security forces and innocent, law-abiding citizens caught in the crossfire. The security forces were directed to take all practical steps to avoid casualties as much as possible," he said.

Golding vowed that the "most thorough investigations" would examine all deaths caused by security forces, which have a reputation for

slipshod investigations and for being too quick on the trigger. He also said security agents would go after "criminal gunmen in whatever community they may be ensconced."

Government officials told reporters all the dead civilians in West Kingston were men. But people inside the slums told local radio stations there had been indiscriminate shootings during the assault that police and soldiers launched Monday.

The gunmen fighting for Coke say he provides services and protection to the poor West Kingston community — all funded by a criminal empire that seemed untouchable until the U.S. demanded his extradition.

Coke has built a loyal following and turned the neighborhood into his stronghold. U.S. authorities say he has been trafficking cocaine to the streets of New York City since the mid-1990s, allegedly hiring island women to hide the drugs on themselves on flights to the U.S.

Mexico arrests Cancun mayor on drug charges

CANCUN, Mexico (AP) — Mexican federal police have arrested the mayor of the resort city of Cancun on drug trafficking, money laundering and organized crime charges, a new blow to an election season already marred by violence and allegations of drug cartel involvement.

The federal Attorney General's Office said Gregorio Sanchez is suspected of offering information and protection to the Zetas drug gang and the Beltran Leyva cartel, which are active in Quintana Roo.

FDA puts liver damage warning on weight loss pills

WASHINGTON (AP) — Federal health officials are warning consumers that the weight loss pills alli and Xenical may cause severe liver damage in rare cases.

The Food and Drug Administration said yesterday it has added a warning about the risk to the label of the drug alli, which is sold over-the-counter by GlaxoSmithKline. The prescription version Xenical is manufactured and marketed by Roche.

The FDA identified 13 instances of liver damage associated with the drugs. A causal effect between the drugs and the problem has not been established.

The FDA urged doctors and patients to watch for signs of liver injury, including itching, yellow eyes and skin and loss of appetite.

Glaxo said in a statement it is "committed to ensuring that consumers and physicians understand the safety profile" of alli. More than 10 million people

worldwide have used alli since it was launched, according to Glaxo.

Roche said the "safety profile of Xenical is based on more than 10 years of clinical experience and more than 36 million patients worldwide have received Xenical."

The FDA first approved Xenical in 1999 and alli in 2007.

U.S. sales of alli more than doubled last year to \$293 million, though they have come nowhere near the blockbuster numbers originally expected by Wall Street after the drug's 2007 launch. Analysts say the brand has been hurt by lower consumer spending as well as unpleasant side effects, such as anal leakage.

GlaxoSmithKline, based in London, is one of the world's largest drug companies.

The FDA first requested information from Glaxo about liver toxicity nearly two years ago.

UK gov't discloses size of its nuclear stockpile

LONDON, England (AP) — Britain offered its first public accounting of its nuclear arsenal yesterday, disclosing that it has a stockpile of 225 warheads in a move that offers transparency to non-nuclear states in hope of winning stricter global controls on the spread of atomic weapons.

The announcement, made without fanfare in the House of Commons, follows the Obama administration's disclosure that the United States has stockpiled 5,113 nuclear warheads and "several thousand" more retired warheads awaiting the junk pile — the first public de-

scription of the secretive arsenal born in the Cold War and now shrinking rapidly.

The U.S. made the announcement at the May 3 opening of a five-year review of the Nuclear Nonproliferation Treaty, considered the cornerstone of global disarmament efforts, where Washington and its allies are seeking stronger measures to prevent the spread of nuclear arms. Britain made its announcement as the monthlong conference at the United Nations nears an end on Friday, with intense debate under way on a final document.

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Government of Aruba together with AIB BANK officially launched the 'Small and Medium Enterprises (SME) Guidance' Program at Divi Phoenix



During a well attended informative evening, our Excellency Minister of Economic, Social and Cultural Affairs, Minister Michelle Hooyboer-Winklaar together with AIB BANK's director, Mr. Friendsel Giel, launched the 'Small and Medium Enterprises (SME) Guidance Program.' The evening started with a welcome speech of Friendsel Giel, who elaborated on the program and how it all started and developed in order to include the vision of the new government as well. The program provides contribution to the development of our economy and stimulates the entrepreneurial mindset. This program is partially subsidized by the government of Aruba and managed by the AIB BANK. The program is designed to provide guidance to new and existing small and medium businesses that need guidance with certain questions or concerns in order to push their business forward. Furthermore, the objective of the program is to sustain and provide guidance to individuals who

desire to start up their own business. During the remaining presentations, the program was further elaborated on and the services highlighted.

Mr. Gerard de Veer of AIB Economic and Financial Services (EFS) presented different statistics to demonstrate the importance of small and medium businesses for our economy and its development. Moreover, Mr. de Veer indicated a gap on the island for information and guidance in the particular group of small and medium enterprises. This program aims to fill this gap and demand.

Mrs. Gabrielle Croes elaborated further on the framework of the services offered through the SME Program, which are; information, guidance sessions, guidance on how to write a business plan and guidance to seek finance from a financial institution. During this evening, representatives from the commercial banks were present. By applying for this program, the applicant has access to general and generic information of differ-

ent industries, this way the individual has a better view of the developments in a particular industry and can make calculated decisions. The guidance can be basic or extensive, depending on the necessity of the business and or individual who is planning to start a business. The eligibility criteria for the program are: the individual needs to collect all information required (which list is available at AIB BANK or on its website; www.aib-bank.com, Department of Economic Affairs and Aruba Chamber of Commerce).

To finalize the presentation, Mrs. Lay Hing Yee elaborated specifically on the information that is necessary to apply for the SME Program. It is crucial for existing business to be well documented and to have these information in order to determine effectively and efficiently the plan of guidance that could be offered to the individual and if it could be offered through the SME Program. The program emphasizes on guidance related to finance and economics (including how to start a business, required initial investment, expansion and restructuring), sales and marketing and other areas related to business management. Based on the application done during the 1st meeting and handled by an internal commission of the bank for evaluation, a guidance plan will be designed and offered to the applicant in order to proceed with the guidance sessions. The fees for the guidance session are partially subsidized, thus making the fees more accessible for the small and medium businesses.

During the open session



Friendsel Giel



Gabrielle Croes

which followed, the audience had the opportunity to ask their questions. The interest and demand for such services that are offered through this program was remarkable. Individuals with an existing business, who would like to strengthen their business or make changes to

their current business or individuals who dream of having their own business are encouraged to contact Gabrielle Croes ext. 324 or Lay Hing Yee ext. 258. Individuals who have any other questions related to the SME Program are also welcome to call.



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Short term, oil spill means mini job boom in Gulf

NEW ORLEANS — Much as he hates to say it, Mark Leonard knows it's true: The oil spill that is fouling the Gulf of Mexico may save his family's business.

Leonard, 34, is operations manager for Coastal Tank Cleaning, a company called in to help set booms to prevent oil from the Deepwater Horizon leak from getting into Lake Pontchartrain. The Morgan City-based company sent 10 workers and equipment to a staging area at Fort Pike, on the eastern tip of New Orleans.

"We don't want this to happen," he said. "We didn't want this to be our saving grace to keep the company going. But this is something that I think is helping a lot of companies that were down, and possibly wondering 'When is it finally going to pick up?' 'When can we start working again and paying our bills?'"

The spill, now a month old, could end up killing the livelihoods of thousands of fishermen, restaurant workers, charter boat captains and tourism employees.

But for now, it's triggering a mini-boom in other jobs across the five-state region.

In coastal Louisiana, it's reminiscent of the job boom that followed Hurricane Katrina as thousands were put to work cleaning up debris, gutting house and rebuilding public buildings and entire neighborhoods. In St. Bernard Parish, a suburban New Orleans community where fishermen are working for BP in a fight to save their fishing grounds, the hurricane, which struck Aug. 29, 2005, damaged virtually every building and sank much of the fishing fleet.

Five years later, the area's economy is among the healthiest of major metro areas.

In the fishing village of Cocodrie, about 80 miles southwest of New Orleans, the staging area sprouted up in a vacant lot at pier 56, next to Coco Marina.

"BP has basically moved in and taken the place of the recreational customers," said Michael Glover, whose family runs the 23-room Coco Marina. "We're feeding them three meals a day and they've rented all my rooms. My kitchen staff, my waitstaff, the housekeepers are all doing well, working a little more than usual. We're busy non-stop, every day."

BP starts deep-sea bid to plug gushing oil well

HOUSTON, Texas — BP Plc launched a tricky deep-sea operation to choke off a gushing oil leak in the Gulf of Mexico yesterday, but President Barack Obama cautioned Americans there was no guarantee it would work.

BP is under intense pressure from Obama to bring a swift end to the five-week-old spill that threatens an environmental catastrophe and has ignited a political storm.

Obama said if successful, BP's latest plan to cap the deep-sea well should greatly reduce or eliminate the flow of hundreds of thousands of gallons (liters) of crude billowing into the Gulf.

"We will not rest until this well is shut, the environment is repaired and the cleanup is complete," he said on a trip to California.

BP planned to use undersea robots to inject heavy fluids into the mile- (1.6 km-) deep well and then pump in cement to block the oil flow. The so-called "top kill" procedure has never been attempted at such depths.

BP said in a statement that it began the operation at 2 p.m. ET. Interior Secretary Ken Salazar appeared to have jumped the gun when he told reporters at a congressional hearing about an hour earlier that the process was already under way.

The gushing oil leak threatens some of the United States' richest fisheries and has already soiled more than 70 miles of Louisiana's 400-mile coastline.

The U.S. Coast Guard approved the top kill operation, the most ambitious effort to date to cap the well, after government scientists said it was safe to proceed, according to a statement by the oil spill response command center.

BP says it has paid at least \$29 million to people claiming economic losses because of the Gulf of Mexico oil spill.

The oil company said in court documents Tuesday in Louisiana that it has yet to deny any claims. Many of the claims are from fishermen and shrimpers.

BP said 25,000 claims have been submitted and more than 12,000 payments have been made so far.

BP is trying to block an attempt by some fishermen to get a federal judge to oversee the claims process.

BP says the 1990 Oil Pollution Act gives the Coast Guard



A brown pelican sits above marsh grass and branches stained with oil on an island impacted by the Deepwater Horizon oil spill in the Barataria Bay, Louisiana



Oil from the Deepwater Horizon Oil Spill coats concrete sea barriers in Port Fourchon



Researchers wear breathing apparatus as a thick stripe of oil is formed around a boat as it passes through oil floating on the surface of the Gulf of Mexico near the coast of Louisiana.

oversight responsibilities.

BP and other companies involved in the Deepwater Horizon rig disaster have been targeted by more than 130 lawsuits. BP says people who accept claims do not waive rights to sue.

Meanwhile, President Barack Obama used the growing oil spill in the Gulf of Mexico to renew his pitch for alternative energy yesterday, arguing that the unfolding environmental disaster "gives you a sense of where we're going" without comprehensive reform.

The federal government is "going to bring every resource

necessary to put a stop" to the spill, the president said during a visit to a solar panel manufacturing facility in Fremont, California. "We will not rest until this well is shut, the environment is repaired, and the cleanup is complete."

But, he added, "a lot of damage has been done already. The spill in the Gulf, which is just heartbreaking, only underscores the necessity" of seeking alternative fuel sources.

A failure to enact comprehensive energy reform, he argued, would pose a threat to national security and the economy, as well as the environment.



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Gwendy Sneek to read stories to senior citizens

For the second time, Gwendy Sneek will form part of the story telling event organized by the Aruba's National Library, for our senior citizens. She will read the story 'Tera Firme,' a section of the book 'Tara y e Bient'i mainta,' - Tara and the morning breeze, a book she wrote herself; and also recite a poem by Nydia Ecury, from a piece called 'Kantika pa Mama Tera,' a song for Mother Earth.

Gwendy fully explores her artistic ability in painting, writing, storytelling and much more. In 2008 she published her work called 'Meimei di shelo y tera' - Between Heaven and Earth; and also held an exposition of her paintings. Gwendy, together with the librarians of the National Library, visits different nursing homes.

There are other presentations planned with Marco Christiaans, author of the book 'Perseverancia'- Perseverance, who will visit the nursing homes and also Cas Marie, an activities center for those suffering of Alzheimers.

Another part of the project is the presentation of sketches. Library authors will present different proverbs and saying, in the form of a sketch, to the



public and so interact with the clients at the nursing homes.

Every week another home will be visited and the presentation will last an hour and a half. The goal of this project is to keep the clients of the differ-

ent nursing homes socially active by promoting reading among them. This beautiful project is possible with the co-financing of UNOCA, for which the Aruba National Library is very grateful.





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World's Largest 3-D TV Unveiled by LG

No price tag or release date yet for set with 84-inch screen

Many manufacturers are developing 3-D compatible TVs to accompany the recent push for 3-D shows and movies. LG decided to wow 3-D enthusiasts by unveiling the world's largest UHD (ultra high definition) 3-D TV.

The monster TV is a whopping 84 inches diagonal.

Size isn't the only impressive thing about LG's new creation, unveiled at the Society for Information Display (SID) 2010 conference; the UHD indicates extremely high resolution. This display in particular has a 3840x2160 pixel resolution, which is four times higher than the resolution of standard HD TVs on the market.

LG also impressed conference goers with a 47-inch 3-D TV that doesn't require glasses for viewers to perceive the 3-D effect. Autostereoscopic displays, or 3-D displays that don't require glasses, will be a major focus of display research because many people don't want to wear special glasses while they watch TV, much less search the couch cushions for them every time they turn the display on.

These two units aren't destined for store shelves just yet, but LG is manufacturing 47- and 55-inch 3-D TVs that will be available to consumers shortly, although they will be between \$2,500 and \$3,000.

Caffeine may counteract cognitive decline

Drinking coffee could help to prevent the neural degeneration associated with brain disorders and aging, scientists say.

A new gamut of research is making the case that caffeine, a drug known for its short-term boost to mental functioning, could have therapeutic value for the preventative care of illnesses, such as Alzheimer's and Parkinson's disease.

Regular consumption of caffeine over the long-term has been linked to lower incidences of Parkinson's and Alzheimer's disease in humans and lesser memory dysfunction and neurodegeneration in animals, write neuroscientists Alexandre de Mendonça of the University of Lisbon



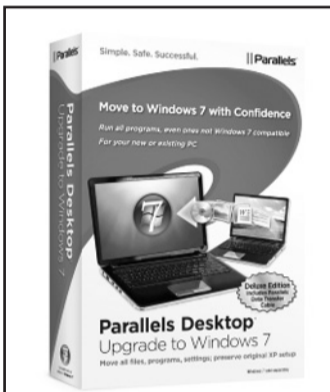
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Microsoft warns on Windows 7 upgrade



Parallels, known for using virtualization to solve consumer problems, thought it had a surefire new use for its technology.

Why not use the same approach it used to put Windows on a Mac to help ease the move from XP to Windows 7. The solution was elegant, helping users both make the move and even run older programs that weren't compatible with the new version of Windows. At first, the signs from Microsoft were encouraging; the company even invited Parallels to a Windows 7 momentum event in Paris to publicly talk about the program, Parallels Desktop Upgrade to Windows 7.

There was only one problem: the way the product works runs afoul of Microsoft's license rules, at least for most users. That's because the \$50 software puts the user's old Windows XP system into a virtual machine, running alongside Windows 7, a concurrent use not allowed under most Windows licenses.

CNET raised the issue with both Microsoft and Parallels after learning about the product last month. Parallels said it is up to users to make sure they are in compliance with Redmond's terms. Microsoft, meanwhile, said it was talking with Parallels, but declined to publicly call out the company. Until now.

"Microsoft does not endorse moving the user's desktop from a physically loaded OS into a VM as a consumer solution, because the vast majority (more than 90 percent) of consumers do not license

Windows under a license that would allow them to transfer Windows into a virtual machine, move Windows to a different machine, or run a secondary virtual machine that is not running XP Mode on the same machine," Microsoft's general manager, Gavriella Schuster, said in a statement to CNET. "Without these license rights, most consumers will not be properly licensing Windows when using the virtualization features of Parallels' product."

Schuster pointed out that enterprise customers with a Software Assurance contract covering Windows could properly use the software. Users who buy a full retail boxed copy of Windows (or possibly of both Windows XP and Windows 7), as opposed to the an upgrade version might also be properly licensed for the Parallels software.

For its part, Parallels continues to say it is up to users to make sure they are properly licensing Windows in conjunction with the upgrade tool.

"We require customers to verify they have the proper license," a Parallels representative said on Tuesday.

Microsoft suggested it is looking for a little more than that.

"Microsoft is working with Parallels to ensure that the Windows licensing requirements are made clear to customers in their product," Schuster said.

Despite the legal issues, Parallels' upgrade tool would appear to address an important need.

Although Windows 7 has proven popular, upgrading can be a hassle, requiring users to back up their data and programs, reinstall software, and then figure out what to do with programs that aren't compatible with the newer Windows.

A Parallels representative said on Tuesday that the product remains available for sale.

"It's out there," the representative said. "We're very excited about the product."

Science/Tech.

Man Infects Himself with Computer Virus

University of Reading researcher Mark Gasson has become the first human known to be infected by a computer virus.

The virus, infecting a chip implanted in Gasson's hand, passed into a laboratory computer. From there, the infection could have spread into other computer chips found in building access cards.

All this was intentional, in an experiment to see how simple radio-frequency identification (RFID) chips like those used for tracking animals can host and spread technological diseases.

The research shows that as implantable bionic devices such as pacemakers get more sophisticated in the years ahead, their security and the safety of the patients whose lives depend on them will become increasingly important, said Gasson.

"We should start to think of these devices as miniature computers," Gasson said. And just like everyday computers, they can get sick.

Down with disease
Gasson had a relatively simple chip implanted in the top of his left hand near his thumb last year. It emits a signal that is read by external sensors, allowing him access to the Reading laboratory and for his cell phone to operate.

He and his colleagues created a malicious code for the chip. When the lab's sensors read the code, the code inserted itself into the building computer database that governs who has access to the premises.

"The virus replicates itself through the database and potentially could copy itself onto the access cards that people use," Gasson said.

The experiment showed that implants which wirelessly communicate with

other computers can infect them and vice versa.

Gasson said he knows of no instances to date of bionic devices having been contaminated by computer viruses. But the threat will grow with the number and complexity of these devices.

Besides pacemakers for people with heart trouble, other modern bionic devices include cochlear implants for the hearing impaired and deep brain stimulators - a "brain pacemaker" - for neurological conditions such as Parkinson's disease.

Years ahead, this surgically implanted hardware may not only be for people with medical conditions. Bionic enhancements, much like today's cosmetic surgery, could boost memories and IQs. A side effect mentioned in cases of deep brain stimulation is patients who have experienced greater creativity, Gasson said.

Wash your digital hands
To fight communicable diseases caused by bacteria, viruses and fungi, we take precautions such as washing our hands.

To counter threats of technological agents, Gasson said we are quite accustomed to keeping our computers updated with antivirus software and exercising caution online. A similar degree of hygiene and awareness may be necessary to keep the devices in our bodies clean as well.

"I don't think for us that [infectious technological agents] would be a particularly new concept, but implants in our bodies will make it a lot more real," Gasson told TechNewsDaily. "A denial-of-service attack on a pacemaker, if such a thing were possible, would of course be very detrimental."



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HEALTH & LIVING

Osteoarthritis claims growing number of younger victims

Intensive sports and exercise at young age may be the cause, experts say
Osteoarthritis used to be thought of as an older person's condition.

The joint disease occurs over time as the cartilage between bones breaks down and wears away, allowing the bones to rub together and causing pain, swelling and loss of motion.

"If you live long enough, it's like death and taxes -- you will likely get osteoarthritis," said Dr. Todd Stitik, an associate professor of physical medicine and rehabilitation at the University of Medicine and Dentistry of New Jersey.

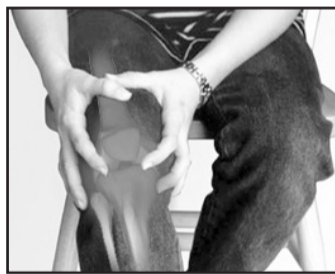
But these days, doctors have been seeing osteoarthritis more frequently in younger people, particularly osteoarthritis of the knee joints. Researchers are trying to figure out why.

The most promising avenues of study have tied early onset knee osteoarthritis to serious knee injuries, such as anterior cruciate ligament (ACL) tears.

One study found that impact-related ligament tears inside the knee can play havoc on the surrounding cartilage cells. Impacts that were hard enough to tear ligaments but not fracture bone or cartilage still caused cartilage cells to die off in a cascade that reached well away from the impact zone.

"If you have injury to the cartilage, that can weaken the cartilage and make it less durable over time," said the study's lead author, Dr. Constance R. Chu, an associate professor of orthopedic surgery at the University of Pittsburgh and director of its Cartilage Restoration Center. "What we're looking at is an impact injury that wasn't sufficient to fracture the cartilage, but I still would consider it a major impact."

The damage done to the cartilage cells by that type of injury would be invisible on a typical MRI scan, Chu said. Nonetheless, she guessed that about half of the people who sustain an ACL tear could develop osteoarthritis within five to 10 years. The findings



were reported in the December issue of the American Journal of Sports Medicine.

Most early onset osteoarthritis appears to be tied to exercise and sports. People are playing harder at younger ages and potentially doing themselves harm by not protecting their joints.

Another study, this one presented at the 2009 annual meeting of the Radiological Society of North America, found that people engaged in high levels of physical activity sustained more severe knee injuries, including such damage as fluid buildup in bone marrow and lesions on their cartilage and ligaments. Such injuries drastically increase the chances of developing osteoarthritis, according to the researchers.

Stitik cited as an example a college student he treated. She was in her early 20s, had been doing a lot of exercises, such as squats and lunges, that are hard on the knees, and she had been doing them improperly, he said.

"An MRI showed arthritic changes already taking place under her kneecap," Stitik said. "She was doing exercises improperly and was overdoing it. She was with a personal trainer and also exercising on her own -- just doing too much."

However, Chu suspects there also is a connection between early onset osteoarthritis and the growing obesity epidemic.

"If someone is overweight or obese, they put more stress on cartilage that has been weakened by injury," she said. "It is chronic overload [and] a very likely cause of osteoarthritis."

People who injure a knee should approach their recovery with great care if they want to reduce their chances of osteoarthritis, Chu said.

"Give the joint some time

to recover," she said. "How long, we don't really know -- but for sure until any pain or swelling goes away. Then they should gradually return to their activity."

Active adults can better protect their knees from injury by strengthening their thigh and leg muscles through exercise, Chu said. These muscles provide crucial support to the knee joint. People also should be careful about the amount of high-impact exercise they do and should try to drop some pounds if they are overweight, she said.

"I actually advise my patients that the same types of things we think are good for their heart -- regular exercise, eating well -- are likely to be the healthiest for their joints as well," she said. "We can't control our genetics. Some people are literally born with tougher cartilage. It's the lifestyle factors that are under people's control that absolutely factor into whether a joint injury translates into early osteoarthritis."

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Great steaks are a family tradition at El Gaucho Restaurant



Mega Skewer

Aruba's longest established and most popular Argentinean steakhouse, El Gaucho, is still going strong after 33 successful years. Two-time winner of the prestigious Wine Spectator Award of Excellence, the restaurant proudly displays the numerous accolades it has received from other such notable wine and food societies as Chaîne des Rôtisseurs, as well as coveted awards for excellence such as the Worldwide Marketing Organization of Mexico, Golden Trophy for Quality Award of Excellence from France, Arch of Europe for Quality from Business Initiative Directions of Germany and International Award for Tourism, Hotel and Catering Industry from Spain.

Recognized around the world for its quality of service and cuisine, El Gaucho's heartiest applause comes from its loyal clientele, who recommend the restaurant to friends and family with complete confidence in their satisfaction.

When asking a frequent is-

land visitor where they go for a great steak, you will find most frequently their #1 choice will be The Gaucho Steak; a generous portion of prime tenderloin, charcoal-grilled to perfection. El Gaucho Restaurant also boasts the biggest shishkebab in the Caribbean, as well as a varied menu of fresh local fish and seafood, and everyone's favorite cut of steak and ribs.

2009 has brought some welcome changes; an expanded food and wine menu and the restaurant is now open on Sundays. A variety of lamb and veal dishes now garnish the menu, as well as a hearty 20-oz rib eye to satisfy your appetite.

El Gaucho Restaurant is open for lunch and dinner Monday through Saturday from 11:30 a.m. until 11:00 p.m., and on Sunday from 5:30 p.m.. Visit their online guestbook at www.elgaucho-aruba.com, and peruse the glorious praise their receive from their devoted fans, as well as the updated menu.

Loyal Aruba friends honored as special guests



Recently, the Aruba Tourism Authority (ATA) honored a group of faithful visitors as Aruba special guests.

Robert and Kay Runge, staying at the Manchebo Beach Resort & Spa, were honored as Ambassadors of Goodwill of Aruba. They have been vacationing here for 25 consecutive years.

ATA associate Francis Jacobs, in name of the Government and the people of Aruba, gave them a warm welcome to our island and also a certificate as a 'thank you' gesture. Present at the occasion were General Man-

ager Edgar Roeloff, Office Manager Deborah Hassell and Reservation Manager Vivian Frank. (top photo)

At the Aruba Beach Club, Rosario and Louise Fusco, from Florida, were named Ambassadors of Goodwill of Aruba, for visiting Aruba more than 25 times consecutively. During the years they brought many family members and friends with them. Even their son got married here.

Also honored were Carlton and Barbara Parker, from Massachusetts, as Distinguished Visitors of Aruba.

The Parkers are repeat visitors for 13 years.

Both couples state their reason for coming here year after year is our friendly people, nice climate, and 'dushi Aruba.' At the resort everyone knows everyone and there is no language barrier and foreign money exchange. It is like coming home.

ATA associate Amayra Boekhoudt handed them handsome certificates thanking them for their love and loyalty to Aruba.

Also present was Aruba Beach Club associate Izaira Pirela.

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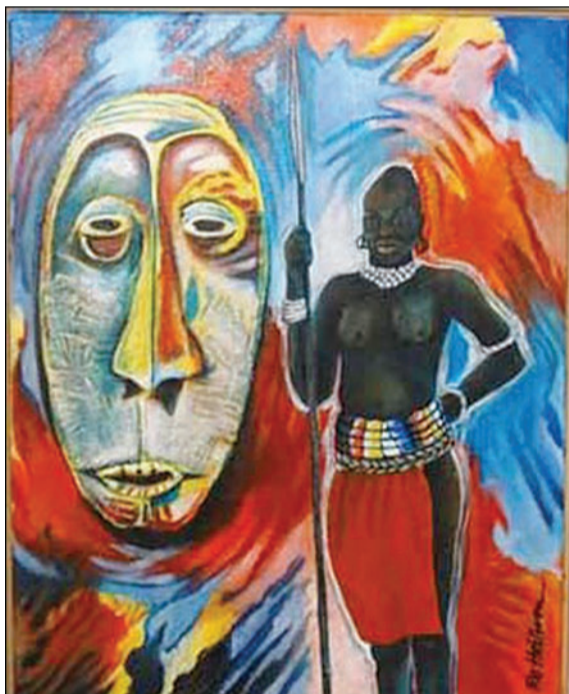
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Premium Wine	Afl 5	\$ 3
Premium Drinks	Afl 10	\$ 6
Premium Bottles	Afl 150	\$ 86

Painting exhibition by Surinam art painter Ro Heilbron



Ro Heilbron

The Aruba National Library cordially invites the general public for an interesting exhibition by Surinam art painter Ro Heilbron.

Well renowned and beloved painter and graphic designer, Ro Heilbron was born in 1938 in Paramaribo, Suriname. Now in his mid-sixties, he looks back on a life of creativity and dedication.

Creativity as his basis to

produce works of fine arts, means in his case constantly fighting and conquering forms, compositions, colors and movements. Dedication is what he shows to great numbers of victims of poverty, either as a result of colonial exploitation or, in particular during the last three decennia of wars, discrimination, racism and inhumane neglect, which result in a fierce divide between the poor and the rich throughout the world.

Ro Heilbron, as a man and as an artist, always shows his pure and warm compassion with the fates of his mates, where so ever they may be. Thus he succeeds to explore, even in the depths of misery, the unexpected beauty of consolidation, indeed of life itself.

Caribbean traditions rooted in an esoteric world of ghosts, blood, human embraces, mother and child toed together, as well as life and death meeting each other at unexpected venues, must have influenced Ro

Heilbron's works of art. He also explores the creation of vivid images of voodoo rituals, as well as splashing carnival scenes. By all means Caribbean cultural events.

His techniques are extremely varied. This may be the result of the fact that he, as a young man, started in Suriname, as a lay-out assistant and graphic designer. He gradually developed himself, coached amongst others by the famous Erwin de Vries, as a painter. The so-called classic, and therefore European inspired education in drawing and painting, as promoted by Nola Hatterman in Suriname, did not inspire Ro Heilbron very much. He preferred to develop his own artistic expressions and techniques as a self taught man. And rightfully so! He developed his own style and portrays his subjects in an incomparable original way.

Ro Heilbron has become extremely well versed in all prevalent lino- and litho cuts,

etching, silk-screen prints, as well as oil-paints and acrylics. He has created wall paintings in Delfshaven, The Netherlands showing his fierce protest against racism, discrimination and neglect of migrants in the country.

Also very touching and equally daring mixed-media art pieces are amongst his creations; in particular made in his first and third periods, mentioned earlier. However graphic designing is his daily occupation, which he enjoys to the fullest.

The opening of the exhibition takes place tonight at 8 p.m. and will be effected by Mirto Lacle

Ro Heilbron's interesting collection can be viewed until June 18, at the National Library in Oranjestad. Opening hours are Mondays, Wednesdays and Fridays from 7:30 a.m. to noon and from 1:30 p.m. to 8:00 p.m.; on Tuesdays and Thursday from 7:30 a.m. to noon and 1:30 p.m. to 5:00 p.m.

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ACROSS

1. "Bonanza" son
5. Form
10. Tools for trees
14. Earring place
15. Novices
16. Singing group
17. Prayer ending
18. Spring zodiac sign
19. Landlord's due
20. Came again
22. Scans
23. Increase
24. — gin
26. T-bone and sirloin

DOWN

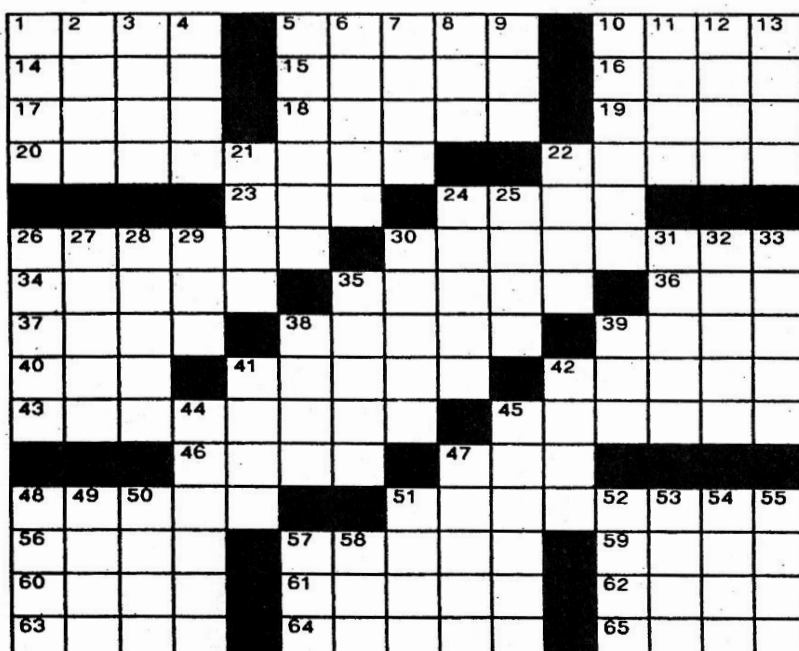
30. Shocked
34. Lifting machine
35. Depressed
36. "The Greatest"
37. Tobacco oven
38. Dieter's dish
39. Castor or Pollux
40. Poem
41. Piggins
42. Hard crayon
43. Large-mouthed birds
45. Ship's rope
46. Risk
47. Broadcast
48. — point
51. Cowboy movies

56. Toast topper
57. Boxes
59. Lament
60. Julep addition
61. Uncanny
62. Sea eagle
63. Hippies' homes
64. Old political boss
65. Critic Rex

DOWN

1. Winged
2. Capitol feature
3. Support
4. Waiter's offering
5. Parade seats
6. Took on
7. Like the Gobi
8. Edgar Allan

9. Snaky letter
10. "Sesame"
11. Region
12. Part of "GWTW"
13. Drunkards
21. Roue
22. Actor Calhoun
24. Where Greeks met Greeks
25. "Shane" star
26. Newspaper coup
27. Swap
28. Picture-propper
29. Picnic pest
30. Shoe bottoms
31. Crabgrass locales
32. Best part
33. Railroad car
35. "Remember the —"
38. Twinkler
39. Haul
41. Go away!
42. Wagon
44. Dimwits
45. Boored
47. Eagle's nest
48. Stately display
49. Director Kazan
50. Babysit
51. Merchandise
52. Pitcher
53. Hard to find
54. Baseball team
55. Wheelless vehicle
57. Harden
58. Church bench



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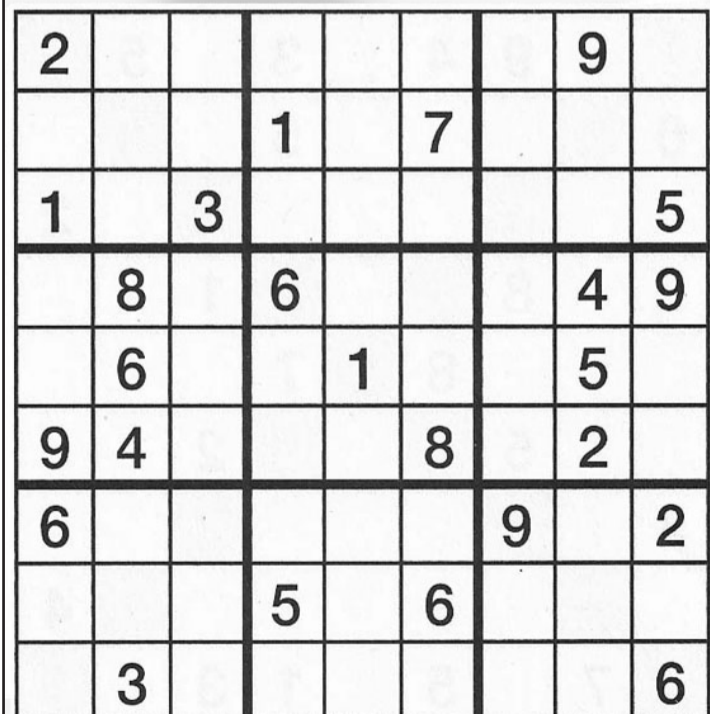
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9	8	9	1	2	6	7	8	2
7	1	8	9	2	9	6	2	8
2	2	6	8	7	8	9	1	9
8	2	9	8	9	2	1	7	6
2	9	8	6	1	7	2	9	8
6	7	1	2	8	9	2	8	9
9	9	2	7	8	2	8	6	1
8	8	2	2	6	1	9	9	7
1	6	7	9	9	8	2	2	2

Complete the grid so that every row and every column contains the numbers 1 through 9
 A number is Never repeated in a row or column.
 In addition every rectangle must contain the numbers 1 through 9

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CURRENCY



Wall Street titans frightened by Europe debt woes

NEW YORK CITY – Some of Wall Street's biggest names said they are frightened and worried by the debt crisis in Europe, but still do not expect a double-dip recession in the United States.

"We're frightened at this moment to see how this can all play out with these countries already in a fragile position," Larry Fink, chief executive of asset manager BlackRock Inc (BLK.N), said. He cited austerity measures that countries like Greece, Spain, Italy and Portugal must implement to deal with heavy debt loads.

"Now they're going to have to bring down their deficits in the tens of billions of dollars to stabilize their country, but will that destabilize their social fabric?"

Recent riots in Greece have sparked concerns about how austerity measures will play out in other countries, like Spain, where unemployment is already very high, Fink said.

"It's very hard to see a good ending," he said, noting his firm, which manages about \$3 trillion in assets, is avoiding Southern Europe debt at the moment.

"The real question is how long can the Netherlands, France and Germany support these Southern Rim countries," Fink said.

The latest developments are a strong signal that the global credit crisis is not over, as

some had thought only a few months ago, Roger Altman, founder and chairman of boutique investment bank Evercore Partners (EVR.N), said at the panel.

"The really serious crises of the last 150 years tend to be long and drawn out and have several stages, including a sovereign debt stage," he said.

"The global financial crisis is not over, and it's not close to being over, and there are probably other large shoes that can drop beyond Europe," he continued.

Another concern is the effect that the crisis has had on European banks and their ability to lend, said Joseph Perella, chairman and chief executive of investment banking firm Perella Weinberg Partners.

"Right now, people are concerned about the impact of this European crisis on the liquidity that will be available from their commercial banks," Perella said. "If you're a major corporation in Europe and you

think you might want to do a big acquisition ... you wonder whether or not what's going on in Greece or other countries could ultimately impact (European banks') ability to provide liquidity for you."

While fiscal belt-tightening in Europe could slow growth, it won't necessarily torpedo a U.S. economic recovery, unless the debt troubles grow into a larger currency crisis for the euro, the panel said.

"At the moment, I don't think the problems in Europe will bleed into the United States," BlackRock's Fink said.

Altman said he expects "flat growth" in the euro zone, could simply pinch demand and shave a few extra points of growth off the U.S. economy in the next year.

Most economists think the U.S. economy will grow at a roughly 3 percent pace this year and next, so it would take a powerful blow to knock it back into recession.

Geithner calls for action on EU crisis plan

LONDON, England – Treasury Secretary Timothy Geithner said that financial markets wanted to see how a \$1 trillion EU/IMF plan to provide back-up financing for euro zone governments put into action.

The fund aims to provide assistance to euro zone governments if they have difficulty raising debt from capital markets, and was launched at the start of the month due to worries Greece might default on its debt.

However, it has so far failed to stem a crisis of confidence about economies in the eurozone.

"It's a good program and has got the right elements. What markets want to see is action," Geithner said at a joint news conference in London yesterday with his British counterpart George Osborne.

European leaders had put through a strong fiscal program as part of a broader program to stabilize markets, Geithner added on the first stop during a trip to Europe.

Osborne said that he was happy that other European states agreed on the need for a bank levy to fund the cost of future bailouts, and reiterated Britain's position that the funds raised should be treated as general taxation rather than saved until a crisis happens.

Washington has clearly been unhappy with Germany's decision to go it alone in ban-

ning some types of speculative trading as it considers the measures counterproductive.

The U.S. Treasury Secretary was likely to have found backing for his position in London where the new Conservative/Liberal Democrat government has said greater cooperation in policy making is essential and officials have privately derided Berlin's actions as mad.

But Washington will be also keen to stress that while the political rhetoric globally may have shifted to deficit control, it still sees a role for fiscal stimulus in its own case.

"We absolutely agree on the need to reduce the deficit over time, but for a country like the U.S., there is still space and need for targeted actions," said White House economic adviser Christina Romer, who accompanied Geithner on his flight to London from China.

Washington has been dismayed by how far the Greek crisis has spread to the rest of the euro zone and once again put the entire world banking system under threat due to what it thinks was a lack of decisive and early action.

It was the U.S. Treasury that initiated this month's G7 emergency conference calls that led to the massive rescue fund for the euro zone but there is rising concern that this may not have been enough and markets are still falling sharply.

AIG on path to repay taxpayers

WASHINGTON – The head of bailed-out insurance giant American International Group told a congressional panel yesterday the company was on its way to repaying the government, but a U.S. Treasury official said taxpayers could still face losses.

"AIG is now on a clear path to repaying taxpayers," AIG Chief Executive Robert Benmosche said in testimony prepared for delivery to a panel overseeing U.S. bailout efforts.

"In recent months, we have become less reliant on government aid and have been able to instead tap the capital markets."

Benmosche reaffirmed his commitment to completing the sales of AIG's international life insurance units American International Assurance (AIA) and ALICO by the end of the year, for a total of about \$51 billion, and emphasized the deals' importance in repaying U.S. taxpayers.

"AIG is committed to the sale of AIA to Prudential Plc as it presents a strong business case and makes AIG a major shareholder in Prudential Plc," Benmosche told the Congressional Oversight Panel.

His comments came as an influential shareholder voting advisory firm has recommended that shareholders of Britain's Prudential Plc reject the proposed \$35.5 billion purchase of AIA in a June 7 vote.

The adviser, RiskMetrics, said the AIA deal carried a

"full price" and would need very high growth rates to produce a "reasonable" return for Prudential.

Benmosche and a senior U.S. Treasury official said sales of AIA and ALICO would allow AIG to fully repay some \$83.2 billion in Federal Reserve loans and investments.

But the Treasury's chief restructuring officer, Jim Millstein, said a full recovery for taxpayers remained uncertain, even though AIG had reduced its risk profile by slashing its exposure to credit derivatives by nearly two-thirds since the bailouts.

Millstein, said in prepared testimony that the government would seek to sell its stake "as soon as practicable" after AIG boosts its credit rating to single-A status.

AIG is currently rated one notch lower at A-minus by Standard and Poor's, with a negative outlook.

YESTERDAY'S Crossword Answer

PUZZLE 43

T	R	O	D	L	A	S	S	S	A	L	A	D
R	A	V	E	E	L	L	A	A	R	E	N	A
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Sleeping woman left on plane in Philly for 4 hours



PHILADELPHIA, Pennsylvania (AP) — Airline officials are trying to figure out how a sleeping passenger was left aboard a flight for four hours after it landed in Philadelphia.

According to police and the Transportation Security Administration, the passenger didn't wake up when her United Express flight from

Dulles airport outside Washington landed shortly after midnight Tuesday. At about 4 a.m., a cleaning crew found her.

United Airlines says they're working with a regional partner carrier to determine why the plane wasn't cleared upon landing.

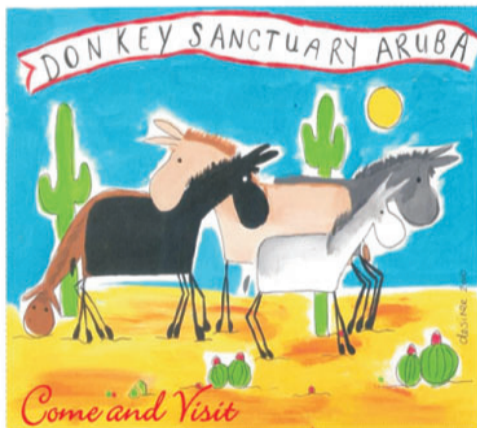
Space shuttle Atlantis lands for final time

CAPE CANAVERAL, Florida (AP) — Space shuttle Atlantis returned from its final voyage yesterday, closing out a quarter-century flying career and safely bringing back six astronauts from a successful space station mission.

About 1,200 guests — the maximum number allowed —

lined the Kennedy Space Center runway for the conclusion to NASA's third-to-last shuttle flight. Employees wore white ribbons with the name "Atlantis" and its picture embossed in gold.

Even the lead flight directors came in from Houston for the event.



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Linda's Pancakes and Pizza place, delicious meals for breakfast, lunch and dinner

Linda's Pancake and Pizza place, located at Palm Beach 6D, Noord (on the right side of Valero gas station) offers patrons the most delicious Dutch pancakes and pizza's with a Dutch twist.

Open from 8 a.m. to 10 p.m., and only five minutes away from the high-rise resorts, Linda's is the perfect eatery for the whole family.

Seeing the popularity of this quaint small eatery, THE MORNING NEWS decided it was time to find out just how good Linda's really is, by sending out a team of taste testers.

Olgita, joined by her two kids ordered a little of everything while the kids roamed around freely, enjoying the afternoon.

The meal started out with Linda's original plain – to die for – Dutch pancakes, followed by pizza, where instead of using mozzarella Linda has created a unique twist to the traditional Italian dish by using Dutch Gouda cheese. Adding a local favorite which could not stay off the table they also sampled the delicious saté (chicken, pork or beef on a wooden skewer) with peanut sauce (Indonesian influence on local food). For the finish the team (adults only) had one cup of Linda's delicious Espresso.

The team had this to say: "Superb! There are no words to describe just how delicious the pancakes are and the pizza is just mmm... good. The saté... out of this world!"

Besides the original plain pancake, Linda's specialty is pancakes with walnuts, Brie and honey; pancakes with banana and mango or a Dutch favorite: pancake with apple and bacon.

All their pizzas are made with Dutch Gouda cheese and different toppings making it richer in taste.

When it comes to saté, one has to say that the secret is in the sauce. Not everybody can make that perfect peanut sauce, but Linda, being an expert in the kitchen has cooked up one of the finest peanut sauces on the island, making this original Indonesian dish extra special.

If you want a specially prepared pancake or pizza, Linda is right there -- just for you -- in her kitchen.

"For those who are allergic to gluten I have a special pan-



Olgita, Ilhan and Iyanla enjoying a scrumptious meal



Plain Pancake



Linda's delicious pizza prepared with Gouda Cheese



The famous Saté

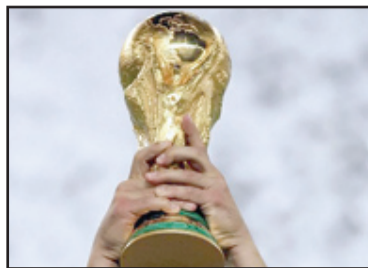
cake mix, gluten free," Linda stated to THE MORNING NEWS team.

Linda's Pancakes and Pizza also offers fried eggs and homemade soups.

"We also serve American coffee," Linda concluded.

With a complete menu, filled with delicious pancakes, pizzas and more, Linda's pancake and Pizza place is the perfect casual restaurant for all in the family.

For more information contact Linda's at 586-3378.



Netherlands 2, Mexico 1 Van Persie brace secures Oranje encouraging win



Van Persie of the 'Orange Team' in action

Robin van Persie proved his worth as central striker with two fine volleys to lift the Netherlands to a 2-1 win over Mexico in a World Cup warm-up match on Wednesday.

The Dutch started with only five first-team regulars after coach Bert van Marwijk said the match would be the last test before he reduces his 27-man squad to 23 on Thursday.

The Dutch were without Arjen Robben, Mark van Bommel and Wesley Sneijder, who all featured in Saturday's Champions League

final.

The Netherlands lined up in a 4-2-3-1 formation with Robin van Persie as the lone striker upfront with Dirk Kuyt, Rafael van der Vaart and Ibrahim Afellay as the three attacking midfielders supporting him. Mexico started in a 4-4-2 system with Cuauhtemoc Blanco and Javier Hernandez as the two men in attack.

The Dutch made a bright start and created chances before Van Persie opened the scoring from Van der Vaart's crossfield pass. Van der Vaart sent in a cross from the left

and the unmarked Van Persie scored from close range with his right foot to make it 1-0 to his team.

The Arsenal forward added a second three minutes before the interval. Afellay was allowed too much space on the right wing and he crafted in a superb cross for Van Persie at the far post; the Arsenal hitman made no mistake in volleying it home.

But Mexico, also World Cup-bound, dominated the second half and tested the nervous Dutch defence more than once before Javier Hernandez headed home from close range.

"We showed some fine combination football in the first half, though followed by a lesser second but for a first friendly match we can be satisfied," Van Persie told SBS6-TV.

Van Marwijk said he understood why the performance had been a bit flat.

"Van Persie was excellent tonight with two beautiful goals, but we missed the power in the second half and allowed Mexico to play much better," he said.

"But that all has to do with the intensive training sessions last days."

The Dutch host Ghana on June 1 in Rotterdam and Hungary four days later in Amsterdam before travelling to South Africa where they face Denmark in their World Cup opener on June 14. Japan and Cameroon are their other group opponents.

Onyewu is in



Oguchi Onyewu

USA coach Bob Bradley announced his final 23-man squad for the 2010 FIFA World Cup South Africa live on American television today. Included in the squad are AC Milan defender Oguchi Onyewu, who is still fighting for fitness after injuring knee ligaments back in October, all-time top scorer Landon Donovan and UEFA Europa League finalist with Fulham, Clint Dempsey. Glasgow Rangers pair DaMarcus Beasley and Maurice Edu, both of whom have battled with big injuries and poor form of late, are both in Bradley's final list.

"We finished top of our qualifying group, we went to the final of the Gold Cup and the final of the Confederations Cup last year, so there's no reason we can't get out of our group in South Africa. We're one step closer to getting to the World Cup and getting down to the serious business."

"The chemistry in this 23-man team is very good," Coach Bradley went on. "We

have a good mix of experienced players and new guys and I believe this is one of our main strengths."

The coach, who led the Americans to a runner-up finish at last year's FIFA Confederations Cup, also included Mexico-based pair Herculez Gomez and Jose Torres while cutting veteran striker Brian Ching, Eddie Johnson and Sacha Kljestan. "When you have to make a decision like this and cut a team down, you'll invariably have three or four names for only one spot and you go through it as well as you can while respecting every angle that goes into it," Bradley said after the squad announcement. "Getting our final team of 23 sorted is an important step."

The USA will meet fancied England in their South Africa 2010 Group C opener in Rustenburg on 12 June, followed by games with Slovenia and Algeria in what is considered by many to be a manageable section. Their next warm-up match will be played on 29 May, when they will hope to rebound from last night's loss to the Czechs against Turkey in Philadelphia.

The final USA squad:

Goalkeepers: Brad Guzan (Aston Villa), Marcus Hahnemann (Wolverhampton Wanderers), Tim Howard (Everton)

Defenders: Carlos Bocanegra (Stade Rennais), Jonathan Bornstein (Chivas USA), Steve Cherundolo (Hannover 96), Jay Demerit (Watford), Clarence Goodson (IK Start), Oguchi Onyewu (AC Milan), Jonathan Spector (West Ham), DaMarcus Beasley (Rangers),

Midfielders: Michael Bradley (Borussia Monchengladbach), Ricardo Clark (Eintracht Frankfurt), Clint Dempsey (Fulham), Landon Donovan (LA Galaxy), Maurice Edu (Rangers), Benny Feilhaber (AGF Aarhus), Stuart Holden (Bolton), Jose Torres (Pachuca)

Forwards: Edson Buddle (LA Galaxy), Robbie Findley (Real Salt Lake), Herculez Gomez (Pachuca), Jozy Altidore (Villarreal)

Group A
South Africa
Mexico
Uruguay
France

Group B
Argentina
Nigeria
Korea Republic
Greece

Group C
England
USA
Algeria
Slovenia

Group D
Germany
Australia
Serbia
Ghana

Group E
Netherlands
Denmark
Japan
Cameroon

Group F
Italy
Paraguay
New Zealand
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Group G
Brazil
Korea DPR
Côte d'Ivoire
Portugal

Group H
Spain
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AT RENAISSANCE - ORANJESTAD

PG SHREK FOREVER AFTER 3D
daily: 4:00 6:15 8:30
matinee: 1:30 late show: 11:15

PG STREET DANCE 3D
daily: 5:45 8:00
matinee: 12:45 3:15 late show: 11:00

PG-13 THE LOSERS
daily: 9:00
matinee: late show: 11:15

PG-13 DEATH AT A FUNERAL
daily: 4:45 7:00 9:15
matinee: 12:15 2:30 late show: 11:30

PG-13 NIGHTMARE ON ELM STREET
daily: 5:00 7:15 9:30
matinee: 2:15 late show: 11:45

PG-13 IRON MAN 2
daily: 5:30 8:45
matinee: 12:00 2:45 late show: 11:30

PG-13 HOT TUB TIME MACHINE
daily: 4:00 6:15
matinee: 1:45 late show:

AT PASEO HERENCIA

PG SHREK FOREVER AFTER 3D
daily: 4:00 6:15 8:30
matinee: 1:30 late show: 11:00

PG JUST WRIGHT
daily: 4:00 6:15 8:45
matinee: 1:45 late show: 11:15

PG-13 ROBIN HOOD
daily: 4:30 7:45
matinee: 1:00 late show: 11:00

PG-13 THE BACK-UP PLAN
daily: 9:00
matinee: late show: 11:30

PG LETTERS TO JULIET
daily: 4:00 6:30 9:00
matinee: 1:30 late show: 11:30

PG FURRY VENGEANCE
daily: 4:30 6:45
matinee: 12:00 2:30 late show:

PG-13 IRON MAN 2
daily: 5:45 8:45
matinee: 12:15 3:00 late show: 11:30

SHREK FOREVER AFTER (HUMOR/ADV): HE HAS EVERYTHING AN OGRE COULD WANT -- TRUE LOVE, GOOD FRIENDS, A HAPPILY-EVER-AFTER LIFE -- BUT SHREK LONGS TO FEEL HIS MOJO AGAIN, EVEN FOR A DAY. AN ILL-ADVISED DEAL WITH RUMPELSTILTSKIN GRANTS THAT WISH, THRUSTING SHREK INTO A "LOST"-LIKE ALTERNATE WORLD WHERE DONKEY DOESN'T KNOW HIM, WITCHES RULE THE SKIES, AND PUSS IN BOOTS HAS PACKED ON THE POUNDS. AND FIONA? HAVING NEVER MET SHREK, SHE NOW LEADS A BAND OF OGRE OUTLAWS. CAN SHREK SAVE FAR FAR AWAY AND WIN BACK HIS TRUE LOVE?



White Sox survive ejections, rally to beat Indians

CLEVELAND (AP)— Mark Buehrle's ejection in the third inning for arguing a balk didn't rattle the Chicago White Sox, who regrouped after losing their starting pitcher and survived a scary ninth inning to beat the Cleveland Indians 5-4 yesterday.

Buehrle and manager Ozzie Guillen were both tossed by first-base umpire Joe West, who called two balks on the left-hander in the first three innings.

Mark Kotsay hit a two-run

homer off Jake Westbrook (2-3) and Mark Teahen drove in two runs as Chicago won two of three over Cleveland to capture their first road series this season.

Bobby Jenks nearly blew a 5-1 lead in the ninth, allowing the Indians to score three runs before striking out Austin Kearns with the bases loaded and getting Russell Branyan to fly out.

White Sox reliever Tony Pena (1-1), summoned in the fourth after Randy Williams

left with an apparent foot injury, worked four scoreless innings and was credited with the win.

The last-place Indians made a season-high four errors, and finished 4-11 at home in May.

Buehrle didn't make it out of the third, which was one inning longer than his manager lasted. Both were thrown out by West, who apparently felt the lefty's pick-off move to first — regarded as one of the best in the game — was not within the rules.

Woods coming back to defend Memorial title

DUBLIN, Ohio (AP) — Tiger Woods will defend his title next week at the Memorial Tournament, marking his return to the PGA Tour after three weeks spent rehabbing a neck injury.

Woods withdrew from The Players Championship on May 9 with an inflamed facet joint in his neck. He confirmed on his website Wednesday that he'll play next week at Muirfield Village, where he has won four times and is the defending champion.

"The doctors advised me

to take a week off and rest, which I did," Woods said. "They prescribed physical therapy, anti-inflammatory medication and soft-tissue massages, which I'm continuing with. Although I'm not 100 percent, I feel much better and look forward to competing next week."

The tournament hosted by Jack Nicklaus will also serve as preparation for the U.S. Open two weeks later at Pebble Beach. Woods won the Memorial from 1999-2001 and again last year.

After a winter of revela-

tions of marital infidelity, Woods returned in April to play in the Masters, where he tied for fourth. He missed the cut at Quail Hollow after rounds of 74 and 79, and was 4 under at The Players Championship before withdrawing with the injury.

A day later, he appeared at a news conference in suburban Philadelphia for the AT&T National, which he also won last year. He said at the time, "A lot is up in the air still, which I don't like. ... I want to come back and defend at the Memorial and play the U.S. Open and obviously play here. But a lot of that is still up in the air right now."

Subsequent medical tests diagnosed the extent of the neck injury, which improved with treatment and rest. Woods resumed his normal practice sessions last week.

Woods has since confirmed he will play in the British Open at St. Andrews from July 15-18. He has yet to commit to any tournament beyond the Memorial, the next two major championships and the AT&T National, from July 1-4 at Aronimink Golf Club.

A year ago, Woods started the final round of the Memorial four shots back of Jim Furyk but shot a 65 to win by one stroke, with birdies on the final two holes to forge ahead.

He hit all 14 fairways in the fourth round and was 49 of 56 for the week, and the mark of 87.5 percent matched the best of his pro career.

CONFERENCE FINALS



WESTERN CONF.

ORLANDO VS. BOSTON

BOSTON 92, ORLANDO 88 (BOSTON LEADS 1-0)

BOSTON 95, ORLANDO 92 (BOSTON LEADS 2-0)

Orlando 71, Boston 94 (Boston leads 3-0)

Orlando 96, Boston 92 (Boston leads 3-1)

x-Wed. May 26: Boston at Orlando

x-Fri. May 28: Orlando @ Boston

x-Sun. May 30: Boston @ Orlando

EASTERN CONF.

L.A. LAKERS VS. PHOENIX

L.A. LAKERS 128, PHOENIX 107 (LA LEAD 1-0)

L.A. Lakers 124, Phoenix 112 (LA leads series 2-0)

Phoenix 118, L.A. Lakers 109 (LA lead 2-1)

Phoenix 115, L.A. Lakers 106 (series tied 2-2)

x-Thur. May 27: Phoenix @ L.A. Lakers

x-Sat. May 29: L.A. Lakers @ Phoenix

x-Mon. May 31: Phoenix at L.A. Lakers

Federer shines, Kuznetsova in great escape at French Open tennis



Kuznetsova celebrates her win

PARIS — Roger Federer reached the French Open third round on Wednesday as defending women's champion Svetlana Kuznetsova saved four match points to stay afloat at a rain-drenched, controversial Roland Garros.

Federer, chasing a 17th Grand Slam title, overcame a sloppy first set, where he was plagued by 21 unforced errors, and had to save five break points, before defeating Colombian left-hander Alejandro Falla 7-6 (7/4), 6-2, 6-4.

The world number one will now tackle German qualifier Julian Reister, the world 165, who had never won a tour match in his five years as a professional before coming to Paris.

"Reister? I think I've only warmed up with him once in Hamburg a couple years ago. Obviously I don't remember how he plays," said the top seed.

Federer went into his match buoyed by having already defeated world number 70 Falla twice, including in the second round of Roland

Garros in 2006.

But he struggled throughout the opening set before getting the better of the Colombian world number 70, shrugging off the distractions of two rain interruptions.

"A player like Falla needed the first set to have a chance of winning," said Federer, on a day when bursts of heavy rain brought to an end three days of 30-degree temperatures.

"He had a good first set where I made too many errors, but he was pushing me at the start. I knew the danger, it was a very tight first set and I was a little lucky."

Russian sixth seed Kuznetsova, who defeated Dinara Safina in the 2009 final and was runner-up to fellow Russian Anastasia Myskina in 2006, saved four match points before defeating Germany's world number 41 Andrea Petkovic.

After building up a 6-4, 5-4 lead, the 22-year-old German choked in the 10th game of the second set as she served for the match at 40-0.

The 24-year-old Russian than ran away to a 5-2 lead in the decider before Petkovic's challenge finally wilted after she had bravely saved three match points.

Kuznetsova now faces compatriot Maria Kirilenko.

"I just thought that there was nowhere else I wanted to be at that time than in the tournament," said Kuznetsova.

"She was going for it, but I have the experience. I made her play the ball, she would have to take the win."

With rain wiping out two and a half hours of play, French 13th seed Gael Monfils and Italy's Fabio Fognini were locked in a marathon and bad-tempered clash which was called off in virtual darkness just before 2200 (1900GMT).

Monfils had led by two sets before Fognini battled back and the pair were 5-5 in the final set, with the Italian having wasted three match points, when play was halted on Court Philippe Chatrier.

The combustible Italian was docked a point for protesting at length that the match should have been suspended at 4-4 in the final set.

Darkness also meant that British fourth seed Andy Murray will have to return on Thursday leading Argentina's Juan Ignacio Chela 6-2, 4-4.

Swedish fifth seed Robin Soderling, who famously handed Rafael Nadal a first career defeat here last year, crushed hapless American Taylor Dent 6-0, 6-1, 6-1 in just 71 minutes and will next face Spain's Albert Montanes.

Soderling's quickfire victory was just short of the record 68 minutes it took Jan Kodes to defeat Zeljko Franulovic in the 1970 final.

Women's world number two Venus Williams took 25 minutes longer than Soderling to make the last 32 with a 6-2, 6-4 win over Spain's Arantxa Parra Santonja.

Williams, the runner-up to sister Serena in 2002, next plays Slovakian 26th seed Dominika Cibulkova, who made the semi-finals in 2009.

Third seed Caroline Wozniacki of Denmark went through with a 6-3, 6-1 win over Italy's Tathiana Garbin, 13 years her senior, and next faces Romania's Alexandra Dulgheru, the winner of the Warsaw claycourt title last weekend.




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Bare-all Venus blames bum deal genetics



Venus in action

PARIS — Venus Williams insists that she doesn't take to the court intending to titillate male spectators and says her outfits only generate attention due to the assets nature gave her.

Venus has taken to the court at the French Open this week sporting a racy black dress with red trim and skin-coloured underwear.

Asked if her aim was to excite the imagination of male fans, she replied: "That was never the objective. It all started in Australia with the slits, and it was about wearing a dress that looks like you have these slits with bareness (underneath)," said the world number two.

"So the design has nothing to do with the rear. It just so happens that I have a very well developed one!"

"It's all genetic. If you look at mom and dad, you'll see the same thing happening. If you look at my sister (Serena), you'll see the same thing."

Venus's skin-tone underwear has given court-side photographers plenty of ammunition for racy photos and the 29-year-old American said she was happy to attract attention.

"It's really about the illusion. Like you can wear lace, but what's the point of wear-

ing lace when there's just black under?" she asked reporters.

"The illusion of just having bare skin is definitely for me a lot more beautiful. So it's really not about anything else other than just that skin showing. So I'm glad that it's gotten good reviews. I mean, it could be worse."

Venus, a seven-time Grand Slam champion, reached the third round at Roland Garros on Wednesday by beating Spain's Arantxa Parra Santonja 6-2, 6-4.

She will play 26th seed Dominka Cibulkova of Slovakia, a beaten semi-finalist last year, for a place in the last 16.

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Kevin Hart



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Mary J. Blige



Raheem DeVaughn



Toni Braxton



Joe Thomas

Darién
Soul Beach Competition
Winner

Friday, May 28 2010
COMEDY NIGHT
Entertainment center
Oranjestad * 7p-11p

Saturday, May 29, 2010
MUSIC CONCERT
Joe Laveist Stadium
San Nicolas * 6:30p - 11p

Sunday, May 30, 2010
MUSIC CONCERT
Joe Laveist Stadium
San Nicolas * 6:30p - 11p

En-route to San Nicolas . . .

Aruba Soul Beach Music Festival is on May 28-30

The 10th Annual Soul Beach Music Festival will fly into Aruba May 28 - 30, for the most electrifying music festival event of the year, with power-packed events. This year, the line up features Mary J. Blige, Toni Braxton, Joe Thomas, Raheem DeVaughn, Chris Spencer, and Kevin Hart.

The schedule is as follows:
Friday, May 28, Soul Beach Daytime Event

MooMba Beach (Palm Beach) 10 a.m. - 3 p.m. Shaquille O'Neal All Star Comedy Jam

Entertainment Center (Oranjestad) 7 p.m. - 11 p.m.

All Star Comedy Jam
Kevin Hart, Mark Curry, Chris Spencer

Nightclub Party
Club Havana (Oranjestad)

11pm - 4am

Saturday, May 29, Soul Beach Daytime Event

MooMba Beach (Palm Beach) 10 a.m. - 3 p.m.

Music Concert

6:30 p.m. - 11p.m. Joe Laveist Stadium - San Nicholas

Doors open at 5:30 p.m. for Sanifete Festival

Mary J. Blige, Raheem DeVaughn; Soul Beach Competition Winner Darien

Nightclub Party

Club Havana (Oranjestad) 10 p.m. - 4 a.m.

Sunday, May 30, Soul Beach Daytime Event

MooMba Beach (Palm Beach) 10 a.m. - 3 p.m.

Music Concert

6:30 pm - 11pm. Joe Laveist Stadium - San Nicholas

Doors open at 5:30 pm. for Sanifete Festival

Toni Braxton, Joe Thomas, Youth Xtreme

Nightclub Party

Club Havana (Oranjestad) 10 p.m. - 4 a.m.

Following a short biography of Mary J. Blige

There's little, if any, denying that Mary J. Blige is one of the greatest singers of our time. The proof is in the consistent #1 albums and singles, six (6) Grammy awards, seven (7) multi-platinum records and 15-years of love from the public, critics and fellow artists. Since her 1992 debut - the modern classic What's the 411 all the way to 2005's stunning The Breakthrough Mary J. Blige has helped to redefine R&B, and more importantly, been an artist that uses her gift to lift spirits, touch lives and bring her heart, soul and truth to those who are willing to listen.

Mary's eighth studio CD, Growing Pains, comes on the heels of Mary's best-selling anthology Reflections (2006). It's also her first CD of new material since The Breakthrough debuted at #1, selling over an astonishing 700,000 copies its first week - setting a record at that time as the best opening week for a solo R&B female artist in SoundScan history. The album's first single, "Be Without You," also made chart history by holding down the #1 spot on the Billboard "Top R&B/Hip Hop Albums" chart for a record breaking sixteen (16) straight weeks; making it her biggest hit, so far, of a career filled with them. In addition "Be Without You" made its way into history books when it became the longest running #1 song on the R&B chart in over 40 years. As if that wasn't achievement enough The Breakthrough and "Be Without You" earned an astonishing eight (8) Grammy award nominations with Mary winning three (3).

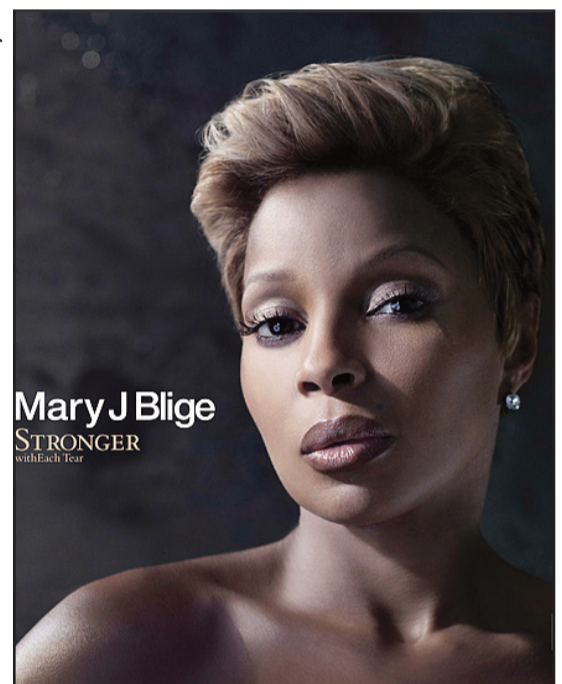
Ask what fans can expect from Growing Pains and Mary J. Blige is characteristically up-front. "They're going to get a

sense of what my state of mind is and how I view the world," she says. "And hopefully, most of all, they're going to hear just the sincere honesty and love that I have for them. I'm always putting myself out there like, look. I love ya'll. I got ya'll. I'm rocking with ya'll. So that's what they're going to get, that commitment. I hope they're going to be very happy with that."

You can hear Mary's own happiness and strength all throughout Growing Pains. Working in partnership with some of the best in the game e.g., Tricky and Dream, NeYo and Stargate, The Neptunes, Dre and Vidal, Jazze Pha, Sean Garrett, and featuring guest appearances by Ludacris, and Usher, Growing Pains is the sound of an artist in love, in touch, in control, and not afraid to show it. More than anything Growing Pains gives you straight up Mary letting the public share her world, and delivering a message that says, Love yourself. Believe in yourself and kick negativity to the curb.

Throughout Growing Pains you hear Mary pushing herself in ways she never has: especially vocally. There are jazzy inflections, girl group coquettishness, nuanced phrasing: a full range of tones and textures.

She also continues to mature in the studio: taking control of the total recording and creative process and doing so with confidence and chops. "Making records is different than when I started because now I know what I want and there's not 50 people running the show. Now (husband/creative partner) Kendu Isaacs and



I run the show. Kendu's ear is good, my ear is good, and we're honest with each other."

Needless to say, when you have that type of success all eyes are on the next release. Mary keeps it all in perspective by focusing on what really matters. The journey. The growth. The love. And as always, the music and the fans. "I'm still trying to heal and get better and that's what Growing Pains represents. It's about accepting that there's pain that goes along with growing and change. No pain, no gain."

So, join Soul Music lovers from around the world and take part in amped-up nightclubs, sizzling beach parties, music and comedy concerts.

Ticket Outlets are DePalm Tours Desks at Major Hotels; MooMba Beach at Palm Beach; Mambo Jambo in Oranjestad; SETAR Teleshops; Valero Gas Stations; Dragon CD & Electronics in San Nicholas; and at the Venue Box Office 1 hour before show time

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